



Menu - Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Cottage Pie	Creamy Chicken Pie with Diced Potatoes	Roast Turkey with Crispy Roast Potatoes and Gravy	Tuna and Pasta Bake	Fish Fingers and Chipped Potatoes
Vegetarian Dish	Vegetable Ravioli	Stuffed Pepper with Tomato Sauce	Quorn Roast with Crispy Roast Potatoes and Gravy	Cheese and Tomato Pizza	Jackets, Beans and Cheese
Vegetables	Carrots and Golden Sweetcorn	Roasted Vegetables and Garden Peas	Carrots and Fresh Parsnips	Broccoli and Corn cobs	Beaked Beans and Peas
Salad	Cucumber and Tomato Salad	Vegetable Sticks and Breadsticks	Healthy Green Salad	Apple, Cucumber and Celery Salad	Light Crunchy Coleslaw
	Freshly Baked Bread, Fresh Salad and Fresh Fruit Everyday				
Desserts	Meringue Nest with Fruit	Crunchy Fruit Crumble with Custard	Chocolate Sponge with Custard	Apple Pie and Custard	Raspberry Jelly

**Menu - Week 2**

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Turkey Stir Fry with Noodles	Italian Bolognese with Pasta	Roast Chicken with Stuffing with Crispy Roast Potatoes and Gravy	Chicken Korma or Chicken in White Wine Sauce with Rice	Jumbo Fish Fingers with Chipped Potatoes
Vegetarian Dish	Cauliflower and Broccoli Cheese Bake	Flaky Cheese Pastry	Quorn Roast with Crispy Roast or Mashed Potatoes and Gravy	Veg Samosa	Cheese Omelette
Vegetables	Garden Peas and Stir Fry Vegetables	Broccoli Florets and Mixed Vegetables	Fresh Carrots and French Beans	Sweetcorn and Green Beans	Baked Beans and Garden Peas
Salad	Mixed Salad and Breadsticks	Cucumber and Tomato Salad	Fresh Vegetable Sticks	Potato Salad	Tomato and Cucumber Salsa
	Freshly Baked Bread, Fresh Salad and Fresh Fruit Everyday				
Desserts	Cherry and Apple Turnovers	Rice Pudding and Fruit	Fruit Smoothie with Shortbread Finger	Lemon Drizzle Cake	Chocolate Crispies

Menu - Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Dish	Sausage Casserole with Mashed Potato and Gravy	Chicken A La King (Chicken in a creamy sauce) with Vegetables	Roast Gammon with Crispy Roast or Mashed Potatoes and Gravy	Plain Chicken and Tortilla or Chicken Enchilada	Crispy Battered Fish or Fish Fingers with Chipped Potatoes
Vegetarian Dish	Country Vegetable Pie	Vegetable Lasagne	Cheesy Hot Pot	Cheese and Sweetcorn Quiche	Jacket Potato with Baked Beans
Vegetables	Baked Beans and Garden Peas	Golden Sweetcorn and French Beans	Carrots and Cabbage	Roasted Vegetables and Broccoli Florets	Garden Peas and Mini Corn on the Cob
Salad	Carrot and Sultana Salad	Apple and Celery Salad	Mixed Salad	Fresh Vegetable Sticks and Breadsticks	Chopped Cucumber and Tomato Salad
	Freshly Baked Bread, Fresh Salad and Fresh Fruit Everyday				
Desserts	Peaches and Custard	Cherry Cheesecake	Jam Sponge and Custard	Vanilla Ice Cream with Toppings	Fruit Jelly