

Reviewed: February 2023  
Next Review Date: February 2024



# Nappy Policy



Parents are required to supply nappies, wet wipes and any other creams their child will need. Children wearing nappies will be changed on a regular basis to keep them comfortable and to avoid nappy rash. A record of nappy changes is kept and shared with parents when they collect their child. We will work with parents when they feel their child is ready to toilet train. We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgmental concern of adults. The toilets at Little Acorns are child sized and potties are available. Good hygiene practices are encouraged, children are shown how to use the toilet and wash their hands. 'Accidents' will be dealt with calmly and in a way which does not make the child feel they have done anything wrong.

## **Procedures**

- Key persons have regular changing times for the young children in their care who are in nappies or 'pull-ups'.
- Key persons undertake changing young children in their key groups; If the key person is absent another practitioner who is familiar to the child will change them.
- Changing areas are warm and there are safe areas to lay young children if they need to have their bottoms cleaned.
- Each young child has their own bag to hand with their nappies or 'pull ups' and changing wipes.
- Gloves and aprons are available to put on before changing starts and the areas are clean.
- All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- In addition, key persons ensure that nappy changing is relaxed and a time to promote independence in young children.
- Key persons are gentle when changing; they avoid pulling faces and making negative comments about 'nappy contents'.
- Key persons do not make inappropriate comments about young children's genitals when changing their nappies.

- Young children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- They should be encouraged to wash their hands and have soap and towels to hand. They should be allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically within the setting. All nappies and pull ups are bagged and put into a nappy bin which is emptied regularly by an external company. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are bagged for the parent to take home.
- NB If young children are left in wet or soiled nappies/'pull ups' in the setting this may constitute neglect and will be a disciplinary matter. Settings have a 'duty of care' towards children's personal needs.