

Lunch

Week Three



Monday

Beef bolognese spaghetti
Mediterranean style vegetable lasagne

Carrot and swede batons

Garden peas

Jacket potato

Baked beans

Grated Cheddar cheese

Apple and forest berry crumble and custard

Tuesday

Breaded Katsu chicken with creamy Katsu sauce
Sweet potato Katsu with rice

Long grain rice

Broccoli

Sweetcorn

Onion Bhaji

Fusilli pasta

Tomato and basil sauce

Grated Cheddar cheese

Raspberry jelly and ice cream or sorbet

Wednesday

Roast pork with apple sauce
Vegetarian 'Toad in the hole'

Roast potatoes

Sliced carrots

Savoy cabbage

Jacket potato

Baked beans

Grated Cheddar cheese

Chocolate brownie

Thursday

Chicken and leek pie with puff pastry lid
Vegetable moussaka

New potatoes

Sweetcorn

Green beans

Fusilli pasta

Tomato and basil sauce

Grated Cheddar cheese

Iced sponge cake

Friday

Breaded fish fingers
Pork and beef sausages
Vegan sausages

Cheese and red onion quiche

Chunky chips

Homemade potato wedges

Garden peas

Jacket potato

Baked beans

Grated Cheddar cheese

Rice pudding with strawberry jam tart

Salad Bar

Selection of cut vegetables with a choice of protein toppers olive oil and balsamic vinegar composite salads

Homemade Bread

Chef's homemade bread with butter

Fruit Bar

Selection of freshly cut fruit
Fruit yogurts
Fruit jelly

