

Lunch

Week Two



Monday

Pasta day
Chicken carbonara
Courgette and nut free pesto

Pasta bake

Penne pasta

Gluten free pasta

Garden peas

Sliced carrots

Jacket potato

Baked beans

Grated Cheddar cheese

Mixed fruit crumble and custard

Tuesday

Beef chilli con carne with long grain rice

Roast vegetable crumble

Broccoli

Sweetcorn

Jacket potato

Baked beans

Grated Cheddar cheese

Homemade carrot cake, topped with cream cheese

Wednesday

Roast chicken breast with gluten free gravy

Sweet potato and bean enchiladas

Roast potatoes

Savoy cabbage

Sliced carrots

Jacket potato

Baked beans

Grated Cheddar cheese

Homemade vanilla cheesecake

Thursday

Tomato and mozzarella pizza
Butternut and sweet potato risotto

Green beans

Mixed vegetables

Fusilli pasta

Tomato and basil sauce

Grated Cheddar cheese

Scone with strawberry jam

Friday

Jumbo cod fish fingers
Pork and beef sausages
Vegan sausages

Cheese, leek and tomato tart

Chunky chips

Garden peas

Jacket potato

Baked beans

Grated Cheddar cheese

Orange shortbread biscuits

Salad Bar

Selection of cut vegetables with a choice of protein toppers olive oil and balsamic vinegar composite salads

Homemade Bread

Chef's homemade bread with butter

Fruit Bar

Selection of freshly cut fruit
Fruit yogurts
Fruit jelly

